

ST. MARY OF THE VISITATION PARISH



16 Cooper Street,
Cambridge, Ontario N3C 2N2

519-658-4443

stmarycambridge@hamiltondiocese.com

www.stmaryhespeler.ca

Rev. David Reitzel, Pastor
dreizel@hamiltondiocese.com

Rev. Mr. Michael Foulger, Permanent Deacon

Mrs. Catherine Quinto Garcia, Pastoral Minister

Mrs. Rosanne Nusca, Administrative Assistant

SCHEDULE OF LORD'S DAY MASSES

Saturday 5:00 p.m.

Sunday 9:00 a.m. and 11:00 a.m.

*Children's Liturgy runs during the 11:00 a.m.
Mass for children in Kindergarten to Grade 2*

WEEKDAY MASSES

Tuesday 7:00 p.m.

Wednesday 8:00 a.m.

Thursday 8:00 a.m.

Friday 8:00 a.m.

PRAYING THE ROSARY

Tuesday at 6:30 p.m. and

7:30 a.m. on Wednesday, Thursday and Friday.

All are welcome.

PARISH ADORATION CHAPEL

Our Chapel is available seven days a week starting
Sunday at 12 noon through Saturday at 5:00 p.m.

For more information please call Sheila at 519-
658-9414.

OUR PARISH SCHOOLS

Our Lady of Fatima School 519-658-4041

St. Elizabeth School 519-651-0400

St. Gabriel School 519-658-2008

St. Benedict Secondary School 519-621-4050

PARISH OFFICE HOURS

(Located in the lower level of the church)

Monday to Friday: 9:00 a.m. to 4:30 p.m.

NEW PARISHIONERS

Please register through our parish website or by
completing a form located at the parish entrances.

SACRAMENT OF RECONCILIATION

Saturday 4:00 p.m. to 4:45 p.m. or
by appointment.

SACRAMENT OF BAPTISM

Please contact the parish office to begin the process
of preparing your child and family for this
Sacrament.

SACRAMENT OF MARRIAGE

Please contact the parish office before setting a date
of marriage in order to begin preparations.

PASTORAL CARE TO SICK AND HOMEBOUND

Please contact the office and Father David and
Deacon Michael would be most willing to visit.

ST. VINCENT DE PAUL FOOD PANTRY

Please call 519-658-6511 for assistance.

SECOND SUNDAY OF LENT

Date	Time	Mass Intentions	Requested by
Tuesday, March 18	7:00 PM	+ Maria Rosa and Joe Afonso + Joey Woods Intentions of Agnes Doyle Intentions of Michael Kelly	The Afonso Family The Woods Family Anna Altomare Carol and Richard O'Brien
Wednesday, March 19	8:00 AM	+ Boyd and Ron Esty	The Burns Family
Thursday, March 20	8:00 AM	+ Lorraine O'Neill	Anna Altomare
Friday, March 21	8:00 AM	+ Maria Rosa and Joe Afonso	The Afonso Family
Saturday, March 22	5:00 PM	+ Mauricio Gomes + Bill Strauss + Helena de Freitas Chaves & Family + Maria Rosa and Joe Afonso	Frank and Sheila Mauser Cathy and Paul Strauss Carmen and Tony Chaves The Afonso Family
Sunday, March 23	9:00 AM 11:00 AM	For the people of St. Mary of the Visitation Parish For the people of St. Mary of the Visitation Parish	

LENT Pray + Fast + Give

STATIONS OF THE CROSS: Fridays at 7:00 p.m., followed by Adoration of the Blessed Sacrament until 8:00 p.m. and concluding with Benediction.

SUNDAY VESPERS: On Sundays in Lent, we will be praying Vespers (Evening Prayer) from 5-6pm in the church. Vespers is one of the five daily prayers all priests and nuns must pray as part of their vows. These daily prayers are collectively called the *Liturgy of the Hours* or *Breviary*. If you have ever seen a priest or nun walking with a big book in their hand, chances are it's the Breviary. All are welcome.

ADORATION OF THE BLESSED SACRAMENT: During this Lenten Season we invite you to spend time with Jesus in Eucharistic Adoration. Jesus is waiting for you in this Sacrament of Love. There are several time slots still available. Please call Frank or Sheila for more information (519) 658-9414.

formed

Though Lent has begun, there's still time to make the most of this liturgical season. There are several resources to help you grow in faith and encounter Jesus this Lent.

New to FORMED? Registration is FREE for parishioners. Go to signup.formed.org and type **St Mary of the Visitation Cambridge** to find and select our Parish. Provide your name and email address and "Sign Up".



THE SOLEMNITY OF SAINT JOSEPH:

On **March 19th** we celebrate Saint Joseph's feast day. St. Joseph, the husband of Mary and the foster father of Jesus, is the patron of our nation Canada and patron of the Universal Church. **Join us for Mass on Wednesday at 8:00 a.m. as we honour St. Joseph.**

FIRST RECONCILIATION 2025: First Reconciliation will take place on **Wednesday, April 2nd and Thursday, April 3rd**. Parents of grade 2 students can sign up online for a date and time: <https://www.stmaryhespeler.ca/date-registration>

EASTER FLORAL TRIBUTES: Remember your loved ones this Easter with a Floral Tribute. All donations will be put toward our Easter decorations. During the Easter season, the names of your loved ones will be placed by the Altar and remembered at all Masses. *Forms are available at the parish entrances.*



MARCH MEETING: Members of the St. Vincent de Paul Society will meet on **Tuesday, March 18** at 7:30 p.m. in the Parish Centre. *New members are welcome.*

BIBLE CAMP 2025: Mark your calendars! Plans are in the works for our annual Summer Bible Camp (Ages 4 – 11) scheduled for **July 14-18, 2025**. If you would like to be a volunteer please contact the office. More details to follow soon!



THANK YOU: We wish to thank the Knights of Columbus Council 4916 for their generous donation of \$500.00 to our parish.

PARISH OFFERINGS

March 8/9, 2025

Sunday Envelopes (124):	\$2,693.50
Loose Offerings	\$566.65

PRE-AUTHORIZED GIVING FOR MARCH 2025

Sunday Offerings (75):	\$ 5,007.00
Building Fund (43):	\$ 905.00

Your continued financial support is greatly appreciated.

OPENING THE HOLY DOOR: SPRING BOOK CLUB

The Office for Evangelization and Catechesis invites you to join us for a four-week virtual book club, exploring the new book by Joan Watson, "Opening the Holy Door." Tuesdays from 1:00 – 2:00 p.m. **March 18 - April 8, 2025.** Together we will reflect on the beautiful images of mercy and hope found on the Holy Door of St. Peter's Basilica in Rome, open to pilgrims and visitors throughout the Jubilee Year. Join us for this time of prayer and conversation, drawing into deeper fellowship during this Jubilee of Hope. To register and order the book, visit <https://hamiltondiocese.com/events/>



JUBILEE OF HOPE, 2025: The Diocese of Hamilton joins the celebration of the Global Church in this Ordinary Jubilee Year, 2025, as **"Pilgrims of Hope"**!

We are all invited to journey through

this year drawing closer to God through prayer, service and experiences of renewal.

Six churches have been designated as pilgrimage sites across the Diocese, welcoming you as a visitor over the course of the Jubilee to come and pray. Information and locations of the pilgrimage sites are available on the Diocesan Website

<https://hamiltondiocese.com/jubilee/>

LITURGICAL MINISTERS OF HOPE: During Lent this year, the Liturgy Office invites all Liturgical Ministers to gather for a Lenten retreat on the theme of Liturgical Ministers of Hope. **Saturday, March 22, 2025**, Basilica of Our Lady Immaculate, Guelph from 10:00 a.m. to 12:30 p.m. or Saturday, March 29, St. Matthew Parish, Oakville or Saturday, April 5, 2025, Annunciation of our Lord Parish, Hamilton. Visit the Hamilton Diocese website for details and registration.

LIFT JESUS HIGHER RALLY – Prayer from On High. Saturday, March 29, 2025, 9 AM - 5:30 PM at the Metro Toronto Convention Centre. For details visit <https://www.ljhr.ca/>



PARENTING TIP OF THE MONTH:

Parents are the most influential people in their children's lives. They watch every move, take in every word and

see how you navigate the world – then they become the mini version of you, their parents. All the traits they take in become part of who they are for life! Help them to be the best people they can be by looking inward and asking yourself if you are doing enough to raise them to be the adult you would like them to be. If not, change how you interact and help them grow strong in mind, body and spirit. (Family Ministry Office; 905-528-7988 ext. 2250)

LENTEN HEALING MISSION: March 15 to 19, at St. Ambrose Parish.

Led by Father Bill Trusz and the St. Therese Healing Ministry Team. Father Bill will be preaching at our weekend Masses on the topic of healing. The weeknight Masses will begin at 7:00 pm and during each evening a different aspect of healing will be explored:

- Mon. March 17 – Healing from Helplessness
- Tues. March 18 – Healing from Trauma
- Wed. March 19 – Healing of Families

Wednesday evening will include Exposition and Procession of the Blessed Sacrament, Benediction, Teaching on Healing of Families, Holy Mass and individual healing prayers. The Sacrament of Reconciliation will be available Monday, Tuesday, and Wednesday, 10am-12 noon and 4pm-6:30 pm

THE REEL JUSTICE FILM FESTIVAL

Join us for our special youth screening of **Marcel the Shell with Shoes On, March 27th!** Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family. Available to watch all day! Movie link will be sent straight to your inbox! Register and view our full schedule at: <https://hamiltondiocese.com/reel-justice-film-festival/>



This Lent, Turn Debt into Hope

In this Jubilee Year, Pope Francis calls on us to take part in the global Turn Debt into Hope campaign to "forgive the debts of countries that will never be able to repay them." Knowing that 3.3 billion people live in countries that spend more on foreign debt repayment than on health or education, we must act! **Sign the global petition: devp.org/debt.**

SCHIEDEL

CONSTRUCTION INCORPORATED

Design-Build
Project Management
General Contractors

405 Queen St. W.

519-658-9317

www.schiedelconst.com

**Goad and Goad**

LAW FIRM

Estate and Wills
Powers of Attorney
Real Estate & Business Law

519-623-7660

www.goadandgoad.com



Listen to
the Holy Rosary Hour
Sunday
from 9 - 9:30 a.m.
On CKWR 98.5 fm
Sponsored by CWL

CAMBRIDGE DRIVING SCHOOL

Specializing in:

Driving School | Drivers Education | Road Test
Driving Lessons | G2/G Lessons

29 Dickson St. Suite #202**519-721-1938**

www.thecambridgedrivingschool.com
info@thecambridgedrivingschool.com

FREE HEARING SCREENINGS

101 Holiday Inn Dr.
Cambridge, ON

**NEW HOPE
HEARING****519.220.1441***A Proud Hespeler Business Since 2010*

All Types of Non-Sterile Compounding
Free Prescription Delivery • Seniors Discount
Travel health & Injection for Travel Vaccines • Meds Check
Diabetes Management • Home Health Care Supply
940 Jamieson Parkway, B3
519-260-8000 www.TownlinePharmacy.com

**Dumfries
Memorials**

670 Fountain St. N.
beside Parklawn Cemetery

519-650-0190**JOIN US**

To learn more about your
Parish Knights of Council #4916



Contact
GK George Harris
519-621-3665
or
PGK Dan Schmalz
519-239-5003

**THE PERFECT SPOT TO ADVERTISE
YOUR BUSINESS!****TO ADVERTISE IN THIS SPACE PLEASE CALL 1-800-268-2637**

ALFRED FACH
EXCAVATING
LTD.

R.R. 21, Cambridge

519-658-5021

George Szczepski CA CPA
Personal & Corporate Tax
519-654-6633
taxtip07@gmail.com

Lounsbury**FUNERAL HOME****Steve Parker**

Owner

1766 Franklin Blvd.

519-658-9366

www.lounsburyfuneralhome.com